

## Holiday Place Mats and Napkins

Finished Size:

Place Mat 12" x 18"

Napkin 16" x 16"

Intermediate Level

## Fabric Requirements for 4 Place Mats and 4 Napkins

(Yardage based on 44" wide fabric)

Cream: 3/4 yard

Red: 1/2 yard

Gold: 1/4 yard

Medium Green: 1 5/8 yards (patchwork, binding and napkins)

Dark Green: 1/4 yard

Christmas Print: 1 1/4 yards (place mat side panels and napkins)

Batting: 3/4 yard

Backing: 3/4 yard

## Cutting Instructions:

### Cream

... 16 squares 1 1/2" x 1 1/2" Piece 1A

... 48 squares 2 1/2" x 2 1/2" Piece 1B

... 8 squares 3 1/4" x 3 1/4" Piece 1C

... 32 rectangles 1 1/2" x 2 1/2" Piece 1D

... 16 strips 1 1/2" x 6 1/2" Piece 1E

### Red

... 192 squares 1 1/2" x 1 1/2" (Piece 2A)

### Gold

... 4 squares 2 1/2" x 2 1/2" (Piece 3B)

... 8 squares 3 1/4" x 3 1/4" (Piece 3C)

### Medium green

... 3 strips 1 1/2" x WOF (width of fabric) Piece 4F

... 8 strips 1 3/8" x 15" (binding)

... 8 strips 1 3/8" x 20" (binding)

... 4 squares 16 1/2" x 16 1/2" (napkins)

### Dark green

... 3 strips 1 1/2" x WOF Piece 5F

### Christmas print

... 8 strips 3 1/2" x 12 1/2" Piece 6G

... 4 squares 16 1/2" x 16 1/2" (napkins)

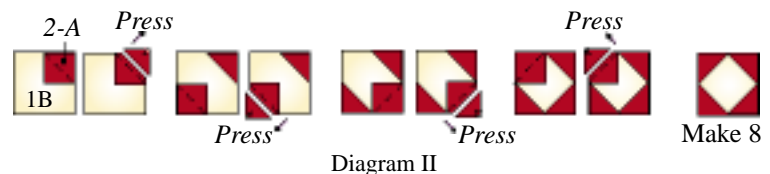
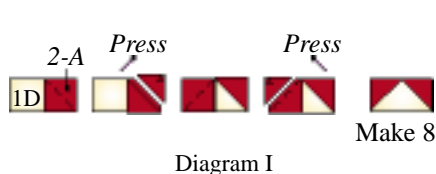
## Assembling Block

### Step 1. Flying Geese Unit

Draw a diagonal line on wrong side of Piece 2A red squares. Layer Piece 2A square and Piece 1D cream rectangle, right sides together. Sew directly on top of drawn line. Cut away excess fabric 1/4" from seamline. Press seam allowance. Repeat for other end of rectangle (Diagram I). Make 8.

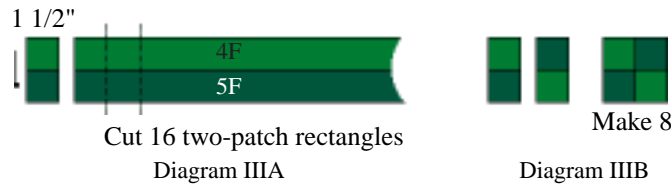
### Step 2. Square in a Square Unit

Draw a diagonal line on wrong side of Piece 1B cream square. Layer Piece 2A and upper right corner of Piece 1B cream square, right sides together. Sew directly on top of drawn line. Cut away excess fabric 1/4" from seamline. Press seam allowance. Using Diagram II as a guide, repeat the steps for each corner of the square. Make 8.



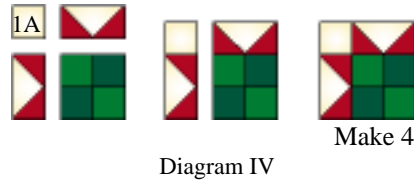
**Step 3. Four-patch Unit**

Sew Piece 4F medium green strip to Piece 5F dark green strip. Press seam toward dark green. Subcut two-patch rectangles 1 1/2" x 2 1/2". Cut 16 two-patch rectangles total (Diagram IIIA). Using Diagram IIIB as a guide, sew 2 two-patch rectangles together to make a four-patch unit. Make 8 total.



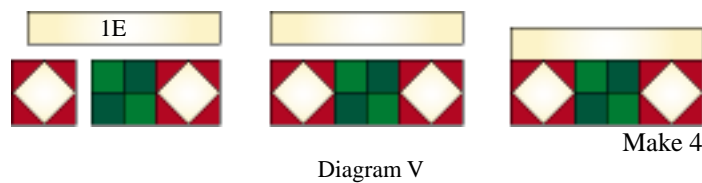
**Step 4. Sub-unit #1**

Using Diagram IV as a guide, place Piece 1A 1 1/2" x 1 1/2" cream square, 2 flying geese units and 1 four-patch unit as shown. Sew units and square together to make sub-unit #1. Make 4 total.



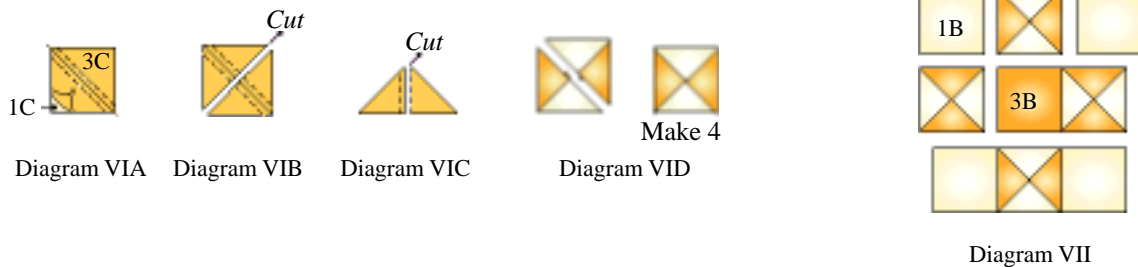
**Step 5. Sub-unit #2**

Using Diagram V as a guide, place Piece 1E 1 1/2" x 6 1/2" strip, 2 square-in-a-square units, and one four-patch unit as shown. Sew units and strip together to make sub-unit #2. Make 4 total.



**Step 6. Pieced Square Sub Unit**

Draw a diagonal line on wrong side of Piece 3C 3 1/4" x 3 1/4" gold squares. Layer Piece 3C square and Piece 1C 3 1/4" x 3 1/4" cream square, right sides together. Sew 1/4" offset from each side of the drawn line (Diagram VIA). Cut sewn squares diagonally using unsewn corners as guide (Diagram VIB). Yield 2 sets of triangles. Cut each triangle set on previously drawn line (Diagram VIC). Press seams toward gold triangles. Yield 4 sets of quarter-square triangles. Using Diagram VID as a guide, place triangle sets so that there are alternating gold and cream triangles. Sew together to form pieced-square. Make 4 total.



**Step 8. Block Assembly**

Using Diagram VIII as a guide, place sub-units and Ohio Star Block as shown. Sew sub-units together to make rows, then rows together to make 5-Star Block.

**Place Mat Assembly**

**Step 9.** Using Diagram IX as a guide, sew Piece 6 G Christmas print strips to opposite sides of block. Press seam toward side panel.

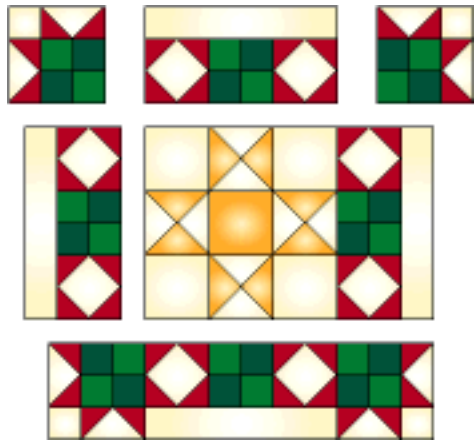


Diagram VIII

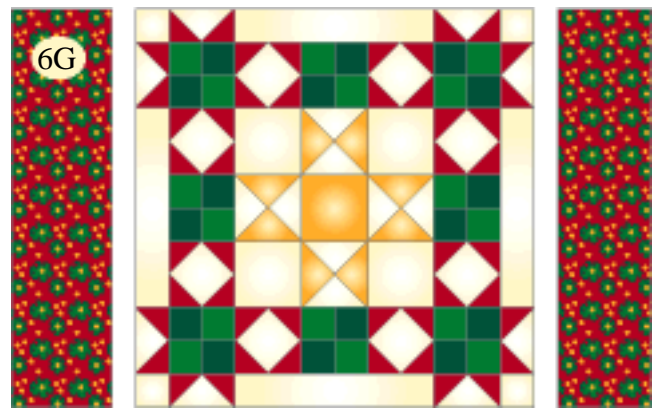


Diagram IX

### Quilting and Binding

**Step 10.** Layer place mat top, batting, and backing and baste using safety pins. Machine quilt "in-the-ditch."

**Step 11.** Using Diagram XA as a guide, sew medium green binding strips to long sides of place mat. Turn strips to back and pin in place on each end (Diagram XB).

**Step 12.** Using Diagram XI, sew side binding strips onto place mat leaving approximately 1" of binding extending on each end. Wrap extensions around to back and sew through all layers.

**Step 13.** Turn binding to back of place mat and blind stitch into place.

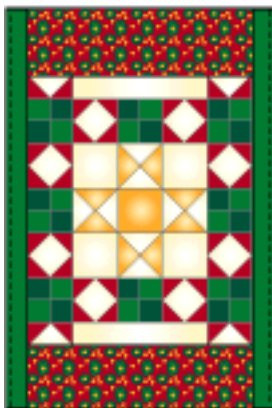


Diagram XA



Diagram XB



Diagram XI

### Assembling Napkins

**Step 14.** Sew 16 1/2" x 16 1/2" medium green squares and 16 1/2" x 16 1/2" Christmas print squares together, right side to right side. Leave opening for turning (Diagram XII).

**Step 15.** Turn right sides out and press. Top stitch close to the edge.



Diagram XII